



NEW PARENTS SUPPORT GROUP



***Thursday mornings at 9am
starting February 2nd!***

Our FREE support group provides a safe and nurturing space for parents with their babies (birth to one year) to talk about the daily life of being a parent, give and receive support, ask questions, and build a parent community.



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THE DETAILS:

This is a weekly drop-in group, meeting Thursday mornings starting February 2nd.

The group will be facilitated between 9am - 10am by Lee Racabi, a fellow parent and developmental specialist.

The group will meet at The Nook at The Shops at Ithaca Mall, two doors down from the food court.

You are invited to drop-in anytime and stay as long as you want.

You are welcome to stay after group to socialize and hang out with other parents.



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