

Dear Families,

There are few words you can say to your child that are more important than simply saying, "I love you." With these three words you can bring a smile to a face, and joy to your child. Saying "I love you" gives you a chance to change the course of an entire day, and the power to imprint love and security in your child's heart forever!



♥ Talk. There are so many words that say, "I love you." Hearing these nurturing words lets your children know that they are important, they are cared for, and they are loved. When said with a snuggle or a hug, these words mean even more!

♥ Write. "I love you" messages can bring happiness to your child over and over again when you write them down.

- Tuck an "I love you" note under your child's pillow.
- Pin one to a backpack.
- Write a message with soap on the mirror.
- Keep a jar of "I love you" messages to use any time.
- Make mailboxes out of empty cereal boxes for each person in your family to send messages back and forth.
- Help your child write an "I love you" message to a friend or loved one.



♥ Read. Snuggle up with your child and read one of these books about love and kindness.

- **"How Kind!"** by Mary Murphy
- **"Guess How Much I Love You"**
by Sam McBratney 
- **"I Love You Little One"** by Nancy Tafuri
- **"All Together Now"** by Anita Jeram
- **"I'll Always Love You"** by Paeony Lewis
- **"Because of You"** by B.G. Hennesy

♥ Remember:

**"The way we talk to our children
becomes their inner voice."**

~ Peggy O'Mara

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**Surround your children
with words of love
every day of the year!**

1. I am so happy you are _____ (my son/ my daughter/ part of our family)! 
2. I love to watch you _____ (play, draw, hear you sing, see you run, etc.)
3. There is no one like you in the whole world!
4. You are such a wonderful you!
5. You are my sunshine, my only sunshine; you make me happy when skies are gray.
6. I adore you! 
7. You are so smart in so many ways. 
8. It is okay to make mistakes.
9. I know you can do it! You did it! I love how you did that!
10. Thank you for _____ (being wonderful, being kind, being so funny, brightening up my day).
11. I love being with you. 
12. I love you more and more every day.
13. You are growing in so many wonderful ways.
14. I feel so lucky to have you in my life.
15. I love you to the moon and back, more than the billions of stars, and still even more!
16. I will always be here for you.
17. I missed you. 
18. Everything is going to be okay.
19. You make me smile.
20. **I will always love you!**

These loving words are brought to you by:



Family Reading Partnership
www.familyreading.org

Post this on your refrigerator to use all year long!



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